

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 CONNECTION CENTER UNAVAILABLE	2
3	4 Health Ed "Fruits & Veggies Part 1" Group 1: 10:00-11:00 am Group 2: 2:00-3:00 pm	5 Ryan's Drop-In 2:00-4:00 pm "Living with HIV" 2:30-3:30 pm	6 ARCH Drop-In 9:00-10:00 am Health Ed "Fruits & Veggies Part II" Group 3 :10:00-11:00 am Group 4: 2:00-3:00 pm Ryan's Drop-In 11:00-11:30 am Positive Divas & Warrior 11:30 am –12:30 pm	7 Ryan's Drop-In 9:00-11:00 am Long Term Survivors 9:30-10:30 am Activity 11:00am-12:00 pm Diabetes Support/Education 1:00-2:00 pm	8 Trans/GNC Support Group 1:00-2:30 pm	9
10 	11 CONNECTION CENTER UNAVAILABLE Health Ed Bath 2:00-4:00 pm	12 Health Ed "Fruits and Veggies Part I & II" Group 5: 10:00 am – 12:pm Ryan's Drop- In 2:00-4:00 pm	13 ARCH Drop-In 9:00-10:00 am Chair Exercise/Movement 10:00-11:00 am Ryan's Drop-In 11:00-11:30 am Positive Warrior & Divas 11:30 am –12:30 pm	14 Ryan's Drop-In 9:00-11:00 am Long Term Survivors 9:30-10:30 am w/Jenny "Effects of Social Media" Activity 11:00 am-12:00 pm Heart Health Support/Edu 1:00-2 :00 pm	15 CONNECTION CENTER UNAVAILABLE	16
17	18 Health Ed "Fruits & Veggies Part 11" Group 1: 10:00-11:00 am Group 2: 2:00-3:00 pm	19 Ryan's Drop-In 2:00-4:00 pm Activity 2:30-3:30 pm	20 ARCH Drop-In 9:00-10:00 am Health Ed "Fruits & Veggies Part II" Group 3:10:00-11:00 am Group 4: 2:00- 3:00 pm Ryan's Drop-In 11:00-11:30 am Positive Divas & Warrior 11:30 am –12:30 pm	21 Ryan's Drop-In 9:00-11 :00 am Long Term Survivors 9:30-10:30 am Activity 11:00am-12:00 pm LGBTQ+ Support Group 1:00-2:00 pm	22 LGBTQ+ Support Group 1:00-2:30 pm	23
24 	25	26 Ryan's Drop-In 2:00-4:00 pm Activity 2:30-3:30 pm Health Ed Elmira 10 :00am-12:00 pm	27 ARCH Drop-In 9:00-10:00 am Chair Exercise/Movement 10:00-11:00 am Ryan's Drop-In 11:00-11:30 am Positive Warrior & Divas 11:30 am –12:30 pm	28 Ryan's Drop-In 9:00-11:00 am Long Term Survivors 9:30-10:30 am Activity 11:00am-12:00 pm Hep C Support/Education 1:00-2:00 pm	29 CONNECTION CENTER UNAVAILABLE	30

Sessions in RED have limited access and/or require advanced registration. Sessions in BLUE do not require pre-registration, but guidelines may apply.